

NEW YEAR'S DAY 10K - CLEETHORPES

by Colin Wright



1989 New Year's Day 10K - Cleethorpes

408 - G. Johnson Friskney, 15th-32.55 515 - D. Watkin Sutton-in-Ashfield, 41st-35.15 511 - A. Jameson Sheffield City Poly, 20th-33.32 396 - V. Garner Copeland AC, 1st-29.36 423 - J. Clark Grimsby H, 2nd-29.53 507 - M. Martin Sheffield AC, 3rd-30.34 355 - M. Jaeger Cleethorpes AC, 7th-31.01 504 - J. Moorhouse Scunthorpe, 163rd-45.28 327 - E. Sredhouse City of Hull, 9th-31.29 439 - J. Stephenson Grimsby H, 4th-30.37 443 - J. Beeden Hallamshire, 6th-30.41 506 - P. Blakeney Sheffield AC, 8th-31.27 508 - C. Nightingale Sheffield, 5th-30.39
Jan 1st 1989 Photo: Colin Wright

In ideal conditions, the 30 minute barrier was broken for the first time in a South Humberside 10K road race.

A fast, furious start, saw a pack of six quickly break from the main field. Led by the Lincolnshire County XC Champion, John Clark, the group sailed through the mile in 4.30. At 2K the group started to break up, first to drop was host club Mick Jagger along with the former Yorkshire 15 mile Champion, Carl Nightingale. With Clark relentlessly pushing the pace the Humberside County XC Champion, John Stephenson and Guy Fawkes 10K winner, John Beeden were next to drop off the pace.

Surprisingly, with Clark looking the more comfortable it was Copeland's Vincent Garner who made the break at the 3K mark, pushing himself into a ten metre lead.

This ten metre gap remained constant as Garner recorded 14.38 for 5K.

Garner passed the 5 mile marker in 23.47 with Clark clocking 23.52. It was at this point that Garner struck for home, knocking over 1½ minutes off Carl Nightingale's 1987 course record. In fact the first seven including Nightingale all beat the old standard.

First vet, Malcolm Martin (The Flying Ferret) recorded a PB for the distance, going through the mile in 4.38 he moved from 7th to finish in 3rd place. As Martin moves into the o/45 category in September, he must surely be a contender for Taff Davies 10K world record.

Barnsley's Eddie Kirkup ran six seconds faster than his o/55 win of last year to record an incredible 34.52, a British o/60 10K best.

The first three ladies all recorded PB's with Grimsby's Kathy Palmer repeating her 1986 victory. The Lincolnshire County XC Champion, Charlotte Newman was second with Kim Bennett, also going under the old course record in 3rd place.

The 1990 event will incorporate the Humberside 10K road championships.

Colin Wright

1 Vincent Garner	Copeland AC	29.36	44 James Brotherton	Friskney & District	35.43
2 John Clark	Grimsby H	29.53	45 Steven Mepstead	Tom Caxton TC	35.49
3 Malcolm Martin	Sheffield AC	30.34	46 Robert Burton	Riddings YCAC	35.49
4 John Stephenson	Grimsby H	30.37	47 Charlotte Newman	Lincoln Wellington	35.55
5 Carl Nightingale	Sheffield AC	30.39	48 Richard Marsh	U/A	36.08
6 John Beeden	Hallamshire H	30.41	49 Brian Mayor	Grimsby H	36.12
7 Mick Jagger	Cleethorpes AC	31.01	50 Donald Johnson	Haltemprice RRC	36.29
8 Paul Blakeney	Sheffield AC	31.27	Ladies		
9 Erik Seedhouse	City of Hull	31.29	1 Kathryn Palmer	Grimsby H	35.11
10 Brian Sargent	Grimsby H	31.31	2 Charlotte Newman	Lincoln Wellington	35.55
11 John Barker	Grimsby H	31.41	3 Kim Bennett	Grimsby H	36.58
12 Paul Parkin	Holbeach	31.50	O/40		
13 John Mills	Retford AC	32.05	1 Malcolm Martin (3)	Sheffield AC	30.34
14 George Ely	Cleethorpes AC	32.52	2 Rob Towler (25)	CSL Neuf Brisach	33.59
15 Geoff Johnson	Friskney & District	32.55	3 Keith Binney (27)	Barnsley	34.14
16 Mike Holgate	City of Bath	33.19	O/45		
17 Nicholas Marsh	Louth AC	33.27	1 Alan Fowle (29)	City of Hull	34.24
18 Dave Phillips	Cleethorpes AC	33.27	2 Alf Wood (34)	Cleethorpes AC	34.47
19 Neil Smith	Coventry Godiva	33.30	3 Richard Marsh (48)	U/A	36.08
20 Andi Jameson	Sheffield City Poly	33.32	O/50		
21 Dave Holmes	Cleethorpes AC	33.35	1 Chris Dawkins (55)	Grimsby H	36.42
22 Graham Anderson	Grimsby H	33.40	2 Colin Moody (69)	Cleethorpes AC	37.42
23 Gary Coulam	Cleethorpes AC	33.44	3 Alan Bamford (73)	Sheffield AC	38.17
24 Nigel Watkin	Sutton in Ashfield	33.52	O/55		
25 Rob Towler	CSL Neuf Brisach	33.59	1 Alan Hughes (37)	Notfast RRC	34.59
26 Bill Ward	Colwyn Bay AC	34.01	2 John Powell (63)	Grimsby H	37.21
27 Keith Binney	Barnsley RRC	34.14	3 Bob Benson (100)	Riddings YCAC	40.09
28 Trevor Matthews	Stainforth AC	34.17	O/60		
29 Alan Fowle	City of Hull	34.24	1 Eddie Kirkup (35)	Barnsley RRC	34.52
30 Marc Houlton	Riddings YCAC	34.30	2 Glen Hood (85)	City of Hull	39.29
31 Martin Anderson	Grimsby H	34.40	3 Edward Drake (107)	London RRC	40.39
32 Steve Tanner	Sheffield AC	34.42	Female O/35		
33 Tony Weston	Cleethorpes AC	34.44	1 Sharon Ely	Cleethorpes AC	40.37
34 Alf Wood	Cleethorpes AC	34.47	2 Carol Edwards	Grimsby H	42.54
35 Eddie Kirkup	Barnsley RRC	34.52	3 Jessie Bradley	Lakeside Joggers	44.50
36 Peter Dellar	Dunstable RR	34.57	Female O/40		
37 Alan Hughes	Notfast RRC	34.59	1 Janet Thorpe	Grimsby H	41.02
38 K. Simmons	Cleethorpes AC	35.04	2 Joanne Maycock	East Hull H	42.37
39 Mike Spedding	Edinburgh AC	35.08	3 Elizabeth Woods	Cleethorpes AC	42.40
40 Kathryn Palmer	Grimsby H	35.11	Male Team: Sheffield AC — 16		
41 Darren Watkin	Sutton in Ashfield	35.15	Female Team: Grimsby H — 12		
42 Brian Simpson	Cleethorpes AC	35.21	Veteran Team: Cleethorpes — 30		
43 Keith Vickers	Louth AC	35.34			

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