

UPDATED RESULTS 25-06-2022 to 29-01-2023

Parkrun up to & including 04-03-2023 (#380)

Caistor Sting checked			17/07/2022
Cleethorpes parkrun #347			23/07/2022
Sarah Heinzman	F55	23:34	new entry no. 5
Market Rasen parkrun #107			23/07/2022
Mick Casey	M75	22:14	new entry no. 1
Cleethorpes parkrun #348			30/07/2022
Carol Dalgetty	F60	27:34	new entry no. 10
Heckington Show 10 Mile			30/07/2022
Mick Casey	M75	76:38	new entry no. 1
Chris Marshall	M70	77:32	new entry no. 2
Cleethorpes parkrun #349			06/08/2022
Sarah Heinzman	F55	23:06	improves time no. 4
Askern 10k			14/08/2022
Mick Casey	M75	46:10	new entry no. 1
Click'em Inn 5 Mile, Swinhope			17/08/2022
Steve Brewin	M45	30:20	new entry no. 10
Mick Casey	M75	36:19	new entry no. 1
Diane Pegg	F50	38:47	new entry no. 8
Sarah Heinzman	F55	39:13	new entry no. 6
Cleethorpes parkrun #352			27/08/2022
Carol Dalgetty	F60	27:28	improves time no. 10
Great North Run, Newcastle			11/09/2022
Bev Smith	F65	1:44:36	new entry no. 1
London Marathon checked			02/10/2022
Cleethorpes parkrun #358			08/10/2022
Mick Casey	M75	22:13	improves time no. 1
Yorkshire Marathon			16/10/2022
Brian Hostad	M55	3:19:32	new entry no. 4
Amsterdam Marathon			16/10/2022
Robin Ruston	M65	4:19:24	new entry no. 2
Deepdale Dash Checked			06/11/2022

Cleethorpes Prom 3K Time Trial			15/11/2022
Chris Marshall	M70	12:34	new entry no. 1
Rachel Portlock	F50	13:32	new entry no. 3
Sarah Heinzman	F55	14:33	new entry no. 4
Gainsborough & Morton 10K			20/11/2022
Sarah Heinzman	F55	49:11	new entry no. 9
Doncaster City 10k			27/11/2022
Tony Dalgetty	M65	47:36	improves time no. 9
Cleethorpes parkrun #370			25/12/2022
John Green	M70	24:55	new entry no. 7
Cleethorpes parkrun #369			24/12/2022
Carol Dalgetty	F60	27:27	improves time no. 10
Cleethorpes NYD 10K			01/01/2023
Allan Turnbull	M70	48:38	new entry no. 4
Cleethorpes parkrun #375			28/01/2023
John Green	M70	24:28	improves time no. 6
Ferriby 10M			29/01/2023
Tony Dalgetty	M65	81:25	new entry no. 7
Steven Green	M70	82:34	improves time no. 4
Diane Pegg	F50	80:58	new entry no. 4
Bev Smyth	F65	82:00	new entry no. 2
Sarah Heinzman	F55	84:06	new entry no. 10
Cleethorpes Prom 3K Time Trial			02/03/2022
Brian Hostad	M55	12:17	new entry no. 10
Steve Green	M70	14:18	new entry no. 3
Lydia Gibbs	F45	13:25	new entry no. 5
Carol Dalgetty	F60	16:09	new entry no. 4
Anne Mortimer	F55	16:49	new entry no. 10
Susan Green	F70	22:38	new entry no. 3
North Lincolnshire Half Marathon			05/03/2023
Richard Roe	M55	1:27:32	new entry no. 9
Steven Green	M70	1:50:17	improves time no. 1
Malcolm Piper	M65	1:58:52	new entry no. 9
Sarah Heinzman	F55	1:48:48	new entry no. 4
North Lincolnshire 10K			05/03/2023
Checked			
TTP Cambridge Half Marathon			05/03/2023
Diane Pegg	F50	1:49:56	new entry no. 4