

03/03/2020 5K Prom Race Results

| Position | Race Number | Minutes | Seconds | First Name | Surname | Gender | Club | Age |
|----------|-------------|---------|---------|------------|------------|--------|---------------------------|-----|
| 1 | 764 | 16 | 05 | Caleb | Stephenson | Male | Cleethorpes & District AC | 17 |
| 2 | 725 | 16 | 20 | Daniel | James | Male | Cleethorpes & District AC | 31 |
| 3 | 684 | 16 | 53 | Gregan | Clarkson | Male | Kingston Upon Hull AC | 37 |
| 4 | 741 | 17 | 19 | Ravi | Patel | Male | Cleethorpes & District AC | 22 |
| 5 | 677 | 17 | 33 | Mark | Bissell | Male | East Hull Harriers & AC | 32 |
| 6 | 672 | 17 | 58 | Matthew | Arliss | Male | Cleethorpes & District AC | 42 |
| 7 | 705 | 18 | 03 | Paul | Greenway | Male | Cleethorpes & District AC | 44 |
| 8 | 689 | 18 | 05 | Jack | Darnell | Male | N/A | 28 |
| 9 | 692 | 18 | 06 | Stephen | Dring | Male | Wolds Veteran RC | 52 |
| 10 | 742 | 18 | 08 | Gary | Pawson | Male | N/a | 38 |
| 11 | 695 | 18 | 11 | Jarrad | Englestown | Male | Selby Striders | 41 |
| 12 | 710 | 18 | 13 | Richard | Harrison | Male | Selby Striders | 50 |
| 13 | 765 | 18 | 27 | Harry | Storr | Male | Caistor Running Club | 25 |
| 14 | 771 | 18 | 37 | Steven | Trushell | Male | Cleethorpes & District AC | 41 |
| 15 | 775 | 18 | 43 | Kieran | Wells | Male | N/A | 20 |
| 16 | 681 | 18 | 53 | David | Burrell | Male | Cleethorpes & District AC | 48 |
| 17 | 724 | 18 | 57 | Rick | James | Male | Wolds Veterans RC | 40 |
| 18 | 761 | 18 | 59 | Daniel | Snook | Male | Cleethorpes & District AC | 34 |
| 19 | 716 | 19 | 22 | Barry | Holcombe | Male | Wolds Veterans RC | 43 |
| 20 | 733 | 19 | 42 | Guy | Lonsdale | Male | N/A | 48 |
| 21 | 759 | 19 | 45 | Dominic | Shum | Male | Cleethorpes & District AC | 34 |
| 22 | 770 | 19 | 52 | Jonathan | Troop | Male | Cleethorpes & District AC | 38 |
| 23 | 700 | 20 | 01 | Matthew | Fursey | Male | Cleethorpes & District AC | 41 |
| 24 | 736 | 20 | 02 | Zac | Mawer | Male | Cleethorpes & District AC | 22 |
| 25 | 726 | 20 | 03 | Howard | Justice | Male | Cleethorpes & District AC | 39 |
| 26 | 753 | 20 | 11 | Richard | Roe | Male | Wolds Veterans RC | 48 |
| 27 | 727 | 20 | 13 | Richard | Kelk | Male | Cleethorpes & District AC | 29 |
| 28 | 691 | 20 | 15 | Antony | Drake | Male | Cleethorpes & District AC | 37 |
| 29 | 688 | 20 | 16 | Rob | Crump | Male | Caistor Running Club | 43 |
| 30 | 706 | 20 | 25 | Nick | Gregory | Male | Cleethorpes & District AC | 56 |
| 31 | 732 | 20 | 30 | Nancy | Laird | Female | Cleethorpes & District AC | 22 |
| 32 | 778 | 20 | 31 | Andy | Yorston | Male | Cleethorpes & District AC | 57 |
| 33 | 673 | 20 | 58 | John | Armstrong | Male | Grimsby Tri Club | 47 |
| 34 | 702 | 21 | 06 | David | George | Male | Barton & District AC | 36 |
| 35 | 747 | 21 | 07 | Rachel | Portlock | Female | Wolds Veterans RC | 48 |
| 36 | 762 | 21 | 10 | Catherine | Snowball | Female | Beverley AC | 27 |
| 37 | 757 | 21 | 18 | Andrew | Shadlock | Male | N/A | 47 |
| 38 | 763 | 21 | 35 | Stephen | Spall | Male | Cleethorpes & District AC | 56 |
| 39 | 718 | 21 | 37 | David | Holden | Male | Cleethorpes & District AC | 42 |
| 40 | 735 | 21 | 45 | David | Mannion | Male | Caistor Running Club | 40 |
| 41 | 708 | 21 | 48 | Paul | Hallam | Male | Cleethorpes & District AC | 55 |
| 42 | 749 | 22 | 01 | Henry | Redmond | Male | Louth AC | 15 |
| 43 | 709 | 22 | 21 | Ben | Ham | Male | Louth Tri Club | 30 |
| 44 | 720 | 22 | 33 | David | Hopper | Male | N/A | 37 |
| 45 | 730 | 22 | 40 | Andy | Knowles | Male | Caistor Running Club | 53 |
| 46 | 734 | 22 | 42 | Mike | Mahoney | Male | N/A | 46 |
| 47 | 748 | 22 | 48 | Chris | Ramsay | Male | Caistor Running Club | 46 |
| 48 | 740 | 22 | 56 | Edward | Parkinson | Male | Cleethorpes & District AC | 16 |
| 49 | 714 | 22 | 59 | Jane | Hill | Female | Cleethorpes & District AC | 54 |
| 50 | 722 | 23 | 03 | Phillip | Jackson | Male | Louth AC | 61 |
| 51 | 752 | 23 | 13 | Helen | Robinson | Female | Wolds Veterans RC | 44 |
| 52 | 675 | 23 | 20 | Paul | Barley | Male | Cleethorpes & District AC | 55 |
| 53 | 745 | 23 | 38 | Malcolm | Piper | Male | Wolds Veteran RC | 64 |

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|----|-----|----|----|-----------|-------------|--------|---------------------------|----|
| 54 | 751 | 23 | 52 | Dave | Robertson | Male | N/A | 51 |
| 55 | 704 | 24 | 10 | Ronnie | Gibson | Male | Cleethorpes & District AC | 59 |
| 56 | 774 | 24 | 17 | Kimberley | Ward-Pawson | Female | N/a | 34 |
| 57 | 760 | 24 | 18 | Austin | Smith | Male | Louth Tri Club | 43 |
| 58 | 750 | 24 | 23 | Matt | Riley | Male | Cleethorpes & District AC | 38 |
| 59 | 696 | 24 | 29 | Fay | Fenwick | Female | N/A | 59 |
| 60 | 768 | 24 | 42 | Clive | Thornley | Male | Wolds Veterans RC | 62 |
| 61 | 715 | 24 | 52 | Rebecca | Hodgson | Female | N/A | 37 |
| 62 | 711 | 24 | 54 | Stephanie | Harter | Female | N/A | 28 |
| 63 | 738 | 25 | 07 | Sharon | Myers | Female | Cleethorpes & District AC | 48 |
| 64 | 674 | 25 | 10 | Chris | Bailey | Male | Cleethorpes & District AC | 45 |
| 65 | 758 | 25 | 23 | Fiona | Shadlock | Female | N/A | 45 |
| 66 | 712 | 25 | 29 | Glenn | Harter | Male | N/A | 60 |
| 67 | 713 | 25 | 31 | Katy | Hewis | Female | Caistor Running Club | 55 |
| 68 | 780 | 25 | 58 | Harrison | Young | Male | Cleethorpes & District AC | 13 |
| 69 | 779 | 25 | 59 | Adam | Young | Male | N/A | 44 |
| 70 | 755 | 26 | 25 | Hannah | Salah | Female | N/A | 42 |
| 71 | 743 | 26 | 27 | Jack | Pawson | Male | N/A | 11 |
| 72 | 671 | 26 | 40 | Sarah | Allen | Female | Caistor Running Club | 33 |
| 73 | 739 | 26 | 41 | Robin | Nicholson | Male | Caistor Running Club | 36 |
| 74 | 731 | 27 | 00 | Rosie | Laird | Female | Cleethorpes & District AC | 19 |
| 75 | 754 | 27 | 07 | James | Rowe | Male | Cleethorpes & District AC | 29 |
| 76 | 707 | 27 | 14 | Lucy | Hall | Female | Cleethorpes & District AC | 46 |
| 77 | 717 | 27 | 53 | Archer | Holden | Male | N/A | 12 |
| 78 | 723 | 28 | 08 | Ros | Jackson | Female | Louth AC | 61 |
| 79 | 685 | 28 | 17 | Paul | Clayton | Male | Caistor Running Club | 50 |
| 80 | 682 | 28 | 19 | Ian | Carlton | Male | Cleethorpes & District AC | 53 |
| 81 | 701 | 28 | 28 | Ruth | George | Female | Barton & District AC | 36 |
| 82 | 678 | 28 | 35 | Jane | Bond | Female | Cleethorpes & District AC | 48 |
| 83 | 728 | 28 | 41 | Lisa | Kidd | Female | Caistor Running Club | 45 |
| 84 | 729 | 28 | 42 | Mark | Kidd | Male | Caistor Running Club | 51 |
| 85 | 777 | 29 | 44 | Gemma | Williams | Female | Cleethorpes & District AC | 27 |
| 86 | 721 | 29 | 45 | Debbie | Iwanczuk | Female | Caistor Running Club | 39 |
| 87 | 737 | 30 | 08 | Karen | Moulding | Female | Louth AC | 56 |
| 88 | 693 | 30 | 43 | Jimmy | Dutch | Male | Cleethorpes Ac | 76 |
| 89 | 699 | 31 | 27 | Samantha | Franks | Female | Cleethorpes & District AC | 50 |
| 90 | 769 | 31 | 28 | Neil | Toyne | Male | Cleethorpes & District AC | 62 |
| 91 | 687 | 32 | 15 | Gill | Crow | Female | Louth AC | 60 |
| 92 | 697 | 33 | 10 | Fiona | Fielden | Female | Barton & District AC | 36 |
| 93 | 683 | 33 | 16 | Gail | Castledine | Female | Louth AC | 55 |
| 94 | 773 | 36 | 30 | Joshua | Ward | Male | N/A | 11 |