



TO THE REAR OF FRESHNEY PLACE

3-5 Alexandra Road, Grimsby, North East Lincolnshire DN31 1RD
Telephone: 01472 720856

5K Prom Results 6.3.18

Pos	Number	Minutes	Seconds	Forename	Surname	Club	Gender	Age
1	523	16	01	Robert	Payne	Caistor Running Club	M	28
2	461	16	44	Gregan	Clarkson	Kingston U Hull AC	M	35
3	497	17	19	Spencer	Higgins	Cleethorpes AC	M	33
4	454	17	27	Jordan	Carlile	Cleethorpes AC	M	17
5	505	17	42	Jack	Johnson	Cleethorpes AC	M	25
6	547	17	57	Steve	Trushell	Cleethorpes AC	M	39
7	525	18	07	Ben	Plumpton	Cleethorpes AC	M	17
8	551	18	10	Mike	Wells	Caistor Running Club	M	43
9	487	18	12	Kevin	Green	Cleethorpes AC	M	35
10	544	18	14	Chris	Taylor	Louth AC	M	40
11	489	18	15	Paul	Greenway	Cleethorpes AC	M	42
12	537	18	25	Robert	Smith	Cleethorpes AC	M	40
13	444	18	34	Matthew	Arliss	Cleethorpes AC	M	40
14	470	18	44	Jack	Darnell	Louth AC	M	26
15	488	18	47	Karl	Greensmith	Cleethorpes AC	M	35
16	476	18	55	Freddie	Fearn	U/Attached	M	15
17	466	18	56	Daniel	Cooper	Grimsby Tri Club	M	26
18	553	19	00	James	Woodhouse	Cleethorpes AC	M	50
19	513	19	09	William	Lowley	Cleethorpes AC	M	18
20	465	19	17	Richard	Conway	Louth Tri Club	M	50
21	541	19	52	Daniel	Snook	Cleethorpes AC	M	32
22	521	19	59	Jason	Oxby	Louth AC	M	45
23	532	20	14	Matt	Riley	U/Attached	M	36
24	457	20	18	Mick	Casey	Barnsley AC	M	70
25	486	20	26	Carl	Gilham	Wolds Vets	M	39
26	512	20	27	John	Lock	Cleethorpes AC	M	34
27	455	20	47	Alan	Carr	Mablethorpe RC	M	60

28	543	20	50	Janine	Stones	Mablethorpe RC	F	47
29	542	20	53	Stephen	Spall	Cleethorpes AC	M	54
30	473	21	08	Sarah	Edwards	Cleethorpes AC	F	42
31	445	21	18	John	Armstrong	Grimsby Tri Club	M	45
32	539	21	19	Austin	Smith	U/Attached	M	41
33	482	21	23	Matthew	Fursey	Cleethorpes AC	M	39
34	540	21	27	Dave	Smith	Cleethorpes AC	M	44
35	492	21	49	Paul	Griffiths	Cleethorpes AC	M	42
36	483	21	53	Jack	Gibney	U/Attached	M	16
37	509	21	55	Andy	Knowles	Caistor Running Club	M	51
38	478	21	58	Nick	Forman	Cleethorpes AC	M	58
39	446	22	05	Paul	Barley	Cleethorpes AC	M	53
40	485	22	13	David	Giles	Cleethorpes AC	M	34
41	507	22	20	Mike	Jones	Caistor Running Club	M	49
42	502	22	30	Phil	Jackson	Louth AC	M	59
43	534	22	32	Helen	Robinson	Wolds Vets	F	42
44	520	22	38	Chloe	Ogley	U/Attached	F	22
45	519	22	38	James	Ogley	Wolds Vets	M	42
46	526	22	40	Mattie	Portlock	Wolds Vets	M	44
47	460	22	56	Alan	Clarke	Cleethorpes AC	M	45
48	529	23	03	Daniel	Rawcliffe	Cleethorpes AC	M	37
49	499	23	08	Rebecca	Hodgson	U/Attached	F	35
50	494	23	08	Stephanie	Harter	U/Attached	F	26
51	495	23	21	Andrew	Harvey	U/Attached	M	35
52	453	23	36	Sophie	Brown	Cleethorpes AC	F	25
53	538	23	45	Nicola	Smith	Cleethorpes AC	F	40
54	469	23	47	Rene	Darnell	U/Attached	M	61
55	458	23	50	Dean	Chalder	Wolds Vets	M	55
56	498	23	53	Jane	Hill	Cleethorpes AC	F	52
57	477	24	24	Fay	Fenwick	U/Attached	F	57
58	524	24	29	Malcolm	Piper	Wolds Vets	M	62
59	504	24	34	Fiona	Jex	Cleethorpes AC	F	49
60	491	24	38	Charlotte	Griffiths	Cleethorpes AC	F	40
61	464	24	40	Sarah	Coleman	Cleethorpes AC	F	46
62	448	24	40	Mark	Barnsley	Cleethorpes AC	M	45
63	463	24	53	Paul	Clayton	Caistor Running Club	M	48
64	451	25	39	Ben	Briggs	Cleethorpes AC	M	36
65	484	25	43	Ronnie	Gibson	Cleethorpes AC	M	57
66	447	25	46	Amanda	Barley	Cleethorpes AC	F	49
67	449	26	02	Laurie	Bland	Cleethorpes AC	M	67
68	550	26	08	Katrina	Walster	Cleethorpes AC	F	55
69	476	26	18	Claire	Farrell	Cleethorpes AC	F	34
70	522	26	48	Vikki	Pannell	Cleethorpes AC	F	40
71	533	26	48	Gayle	Robbins	Cleethorpes AC	F	40
72	552	27	06	Sarah	Wells	Caistor Running Club	F	46
73	443	27	06	Chris	Allison	Caistor Running Club	M	54
74	496	27	18	Louisa	Hewitt	Grimsby Tri Club	F	44
75	500	27	29	Debbie	Iwanczuk	Cleethorpes AC	F	37
76	508	27	46	Michelle	Jones	Caistor Running Club	F	48
77	527	27	55	Mel	Portlock	Cleethorpes AC	F	34
78	517	28	05	Karen	Moulding	Louth AC	F	54
79	450	28	28	Amber	Bradley	Cleethorpes AC	F	28
80	503	29	13	Samantha	Jenson-Martin	Cleethorpes AC	F	41
81	481	29	15	Samantha	Franks	Cleethorpes AC	F	48
82	549	29	27	Keith	Tyler	Cleethorpes AC	M	71

83	479	29	31	Anita	Forman	Cleethorpes AC	F	55
84	442	30	02	Fran	Allison	Caistor Running Club	F	54
85	511	30	24	Candice	Lee	U/Attached	F	29
86	548	30	47	Linda	Tyler	Cleethorpes AC	F	64
87	468	31	04	Amy	Craig	U/Attached	F	28
88	546	31	05	Jess	Thornton	U/Attached	F	29

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