



TO THE REAR OF FRESHNEY PLACE

3-5 Alexandra Road, Grimsby, North East Lincolnshire DN31 1RD
Telephone: 01472 720856

5K Prom Results 7.11.17

| Pos | Number | Minutes | Seconds | Forename | Surname | Club | Gender | Age |
|-----|--------|---------|---------|----------|------------|----------------------|--------|-----|
| 1 | 186 | 16 | 08 | Nick | Martin | Caistor Running Club | M | 24 |
| 2 | 183 | 17 | 04 | Harry | Mackenzie | Grimsby | M | 33 |
| 3 | 198 | 17 | 19 | Rob | Payne | Caistor Running Club | M | 28 |
| 4 | 179 | 17 | 28 | James | Larder | Louth AC | M | 17 |
| 5 | 119 | 17 | 56 | Jordan | Carlile | Cleethorpes AC | M | 17 |
| 6 | 203 | 17 | 59 | Ben | Blumpton | Cleethorpes AC | M | 16 |
| 7 | 131 | 18 | 35 | Jack | Darnell | U/Attached | M | 26 |
| 8 | 182 | 18 | 38 | Den | Lynch | Louth AC | M | 47 |
| 9 | 241 | 18 | 40 | Steve | Trushell | Cleethorpes AC | M | 38 |
| 10 | 228 | 18 | 46 | Robert | Smith | Cleethorpes AC | M | 40 |
| 11 | 225 | 18 | 47 | Michael | Skelton | Cleethorpes AC | M | 42 |
| 12 | 150 | 18 | 49 | Paul | Greenway | Cleethorpes AC | M | 42 |
| 13 | 237 | 18 | 52 | Dean | Thomas | Cleethorpes AC | M | 32 |
| 14 | 234 | 18 | 53 | Chris | Taylor | Louth AC | M | 39 |
| 15 | 220 | 19 | 12 | Martin | Robinson | Cleethorpes AC | M | 46 |
| 16 | 185 | 19 | 13 | David | Mannion | Caistor Running Club | M | 33 |
| 17 | 128 | 19 | 24 | Daniel | Cooper | Grimsby Tri Club | M | 25 |
| 18 | 248 | 19 | 25 | Mike | Wells | Caistor Running Club | M | 42 |
| 19 | 127 | 19 | 27 | Richard | Conway | Louth AC | M | 49 |
| 20 | 129 | 19 | 29 | Robert | Crump | Caistor Running Club | M | 41 |
| 21 | 120 | 19 | 31 | Michael | Carpenter | U/Attached | M | 33 |
| 22 | 240 | 19 | 37 | Jon | Troop | Cleethorpes AC | M | 36 |
| 23 | 189 | 19 | 41 | Dave | Mills | U/Attached | M | 48 |
| 24 | 224 | 19 | 44 | Lee | Scrimshaw | U/Attached | M | 25 |
| 25 | 195 | 19 | 46 | Jason | Oxby | Louth AC | M | 45 |
| 26 | 174 | 19 | 48 | Harriet | Johnson | Louth Triathlon Club | F | 34 |
| 27 | 167 | 20 | 02 | Pete | Hutchinson | U/Attached | M | 59 |

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|----|-----|----|----|-----------|-----------|-----------------------|---|----|
| 28 | 193 | 20 | 02 | James | Ogley | Wolds Vets | M | 42 |
| 29 | 188 | 20 | 22 | Louis | McTernan | U/Attached | M | 20 |
| 30 | 148 | 20 | 22 | Jack | Gibney | U/Attached | M | 15 |
| 31 | 108 | 20 | 24 | Andrew | Bell | Caistor Running Club | M | 51 |
| 32 | 143 | 20 | 25 | Paul | Freeman | Wolds Vets | M | 54 |
| 33 | 231 | 20 | 29 | Daniel | Snook | Cleethorpes AC | M | 32 |
| 34 | 227 | 20 | 53 | Lee | Smith | Grimsby Harriers | M | 38 |
| 35 | 134 | 20 | 56 | Callum | Devaney | U/Attached | M | 17 |
| 36 | 229 | 20 | 58 | Austin | Smith | U/Attached | M | 41 |
| 37 | 114 | 21 | 02 | Natalie | Burns | Lincoln Wellington | F | 33 |
| 38 | 221 | 21 | 08 | Richard | Roe | Wolds Vets | M | 46 |
| 39 | 219 | 21 | 16 | Shaun | Robinson | Wolds Vets | M | 41 |
| 40 | 103 | 21 | 16 | John | Armstrong | Grimsby Tri Club | M | 45 |
| 41 | 154 | 21 | 20 | Paul | Hallam | Cleethorpes AC | M | 53 |
| 42 | 232 | 21 | 31 | Stephen | Spall | Cleethorpes AC | M | 54 |
| 43 | 151 | 21 | 36 | Andrew | Guest | Scunthorpe & District | M | 44 |
| 44 | 152 | 21 | 51 | Harveys | Guest | U/Attached | M | 17 |
| 45 | 218 | 22 | 16 | Helen | Robinson | Wolds Vets | F | 41 |
| 46 | 178 | 22 | 24 | Louie | Knudsen | Cleethorpes AC | M | 12 |
| 47 | 206 | 22 | 26 | Rachel | Portlock | Wolds Vets | F | 46 |
| 48 | 124 | 22 | 34 | Alan | Clarke | Cleethorpes AC | M | 44 |
| 49 | 149 | 22 | 36 | David | Giles | Cleethorpes AC | M | 34 |
| 50 | 146 | 22 | 37 | Dan | Gelder | Cleethorpes AC | M | 42 |
| 51 | 226 | 22 | 39 | Ian | Smith | Cleethorpes AC | M | 49 |
| 52 | 196 | 22 | 42 | Kathy | Palmer | U/Attached | M | 57 |
| 53 | 173 | 22 | 45 | David | Jobson | U/Attached | M | 61 |
| 54 | 243 | 22 | 47 | Emma | Tyson | Caistor Running Club | F | 25 |
| 55 | 117 | 22 | 52 | Wayne | Bryne | Cleethorpes AC | M | 37 |
| 56 | 170 | 22 | 54 | Phil | Jackson | Louth AC | M | 59 |
| 57 | 144 | 22 | 55 | Simon | Fursman | Wolds Vets | M | 48 |
| 58 | 191 | 22 | 58 | Jason | Newton | U/Attached | M | 44 |
| 59 | 162 | 22 | 58 | Jane | Hill | Cleethorpes AC | F | 51 |
| 60 | 140 | 22 | 59 | Kevin | Fish | U/Attached | M | 34 |
| 61 | 112 | 23 | 11 | Sophie | Brown | Cleethorpes AC | F | 25 |
| 62 | 118 | 23 | 33 | Andy | Calaby | U/Attached | M | 51 |
| 63 | 132 | 23 | 41 | Rene | Darnell | U/Attached | M | 60 |
| 64 | 251 | 23 | 42 | Ian | Woodford | Cleethorpes AC | M | 53 |
| 65 | 141 | 23 | 42 | Lisa | Foster | Cleethorpes AC | F | 40 |
| 66 | 213 | 23 | 45 | Gordon | Riley | Wolds Vets | M | 70 |
| 67 | 242 | 23 | 46 | Wayne | Turrell | Caistor Running Club | M | 53 |
| 68 | 202 | 23 | 47 | Malcolm | Piper | Wolds Vets | M | 61 |
| 69 | 238 | 23 | 52 | Clive | Thornley | Caistor Running Club | M | 60 |
| 70 | 212 | 23 | 59 | Chris | Rayner | Grimsby Tri Club | M | 36 |
| 71 | 158 | 24 | 00 | Stephanie | Harter | U/Attached | F | 26 |
| 72 | 160 | 24 | 06 | Andrew | Harvey | U/Attached | M | 35 |
| 73 | 145 | 24 | 34 | Betty | Gash | Louth AC | F | 58 |
| 74 | 122 | 24 | 42 | Dean | Chalder | Wolds Vets | M | 55 |
| 75 | 139 | 24 | 44 | Fay | Fenwick | U/Attached | F | 57 |
| 76 | 111 | 24 | 53 | Ben | Briggs | Cleethorpes AC | M | 36 |
| 77 | 172 | 25 | 01 | Fiona | Jex | Cleethorpes AC | F | 48 |
| 78 | 222 | 25 | 02 | David | Rouse | U/Attached | M | 49 |
| 79 | 244 | 25 | 20 | Katrina | Walster | Cleethorpes AC | F | 54 |
| 80 | 200 | 25 | 23 | Ethan | Peck | Cleethorpes AC | M | 16 |
| 81 | 201 | 25 | 24 | Gary | Peck | U/Attached | M | 52 |
| 82 | 125 | 25 | 49 | James | Clayton | Wolds Vets | M | 54 |

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|-----|-----|----|----|----------|-----------|----------------------|---|----|
| 83 | 126 | 25 | 58 | Sarah | Coleman | Cleethorpes AC | F | 46 |
| 84 | 217 | 26 | 24 | Victoria | Robertson | Wolds Vets | F | 38 |
| 85 | 105 | 26 | 31 | Mandy | Barley | Cleethorpes AC | F | 49 |
| 86 | 169 | 26 | 32 | Roz | Jackson | Louth AC | F | 59 |
| 87 | 194 | 26 | 38 | Chloe | Ogley | U/Attached | F | 22 |
| 88 | 155 | 26 | 50 | Karen | Hames | Wolds Vets | F | 60 |
| 89 | 107 | 27 | 03 | Jo | Barnsley | Cleethorpes AC | F | 39 |
| 90 | 121 | 27 | 06 | Victoria | Cass | Louth AC | F | 36 |
| 91 | 168 | 28 | 16 | Debbie | Lwanczuk | Cleethorpes AC | F | 37 |
| 92 | 135 | 28 | 28 | Louise | Dishman | Cleethorpes AC | F | 41 |
| 93 | 123 | 28 | 29 | Darren | Clark | Cleethorpes AC | M | 45 |
| 94 | 190 | 28 | 35 | Karen | Moulding | Louth AC | F | 54 |
| 95 | 102 | 28 | 40 | Fran | Alison | Caistor Running Club | F | 54 |
| 96 | 249 | 28 | 40 | Sarah | Wells | Caistor Running Club | F | 45 |
| 97 | 204 | 28 | 48 | Mel | Portlock | Cleethorpes AC | F | 34 |
| 98 | 246 | 28 | 52 | Debbie | Watt | Cleethorpes Tri Club | F | 46 |
| 99 | 245 | 29 | 03 | Cerri | Ward | Wolds Vets | F | 35 |
| 100 | 176 | 29 | 04 | Lisa | Kidd | Caistor Running Club | F | 42 |
| 101 | 159 | 29 | 05 | Janet | Harter | U/Attached | F | 57 |
| 102 | 147 | 29 | 9 | Julie | Gibbons | Cleethorpes AC | F | 47 |
| 103 | 142 | 29 | 19 | Samantha | Franks | Cleethorpes AC | F | 47 |
| 104 | 197 | 29 | 48 | Vikki | Pannell | Cleethorpes AC | F | 40 |
| 105 | 184 | 30 | 10 | Leah | Maddison | U/Attached | F | 33 |
| 106 | 133 | 31 | 39 | Stacey | Davis | Cleethorpes AC | F | 32 |
| 107 | 109 | 32 | 4 | Emma | Blow | U/Attached | F | 37 |
| 108 | 153 | 32 | 36 | Lucy | Hall | Cleethorpes AC | F | 33 |
| 109 | 137 | 34 | 8 | Jimmy | Dutch | Cleethorpes AC | M | 74 |
| 110 | 207 | 35 | 54 | Alison | Potts | Cleethorpes AC | F | 41 |