



TO THE REAR OF FRESHNEY PLACE

3-5 Alexandra Road, Grimsby, North East Lincolnshire DN31 1RD  
Telephone: 01472 720856

**Prom 5K Time Trial Race Result 05.03.19**

Pos	Number	Minutes	Seconds	Forename	Surname	Club	Gender	Age
1	524	16	14	Ryan	Page	Lincon Wellington AC	M	22
2	451	16	57	Gregan	Clarkson	Kingston Upon Hull	M	36
3	449	17	10	Jordan	Carlile	Cleethorpes AC	M	18
4	492	17	22	Daniel	James	Cleethorpes AC	M	30
5	475	17	33	Karl	Greensmith	Cleethorpes AC	M	36
6	435	17	37	Peter	Boyd	U/Attached	M	19
7	508	17	38	Mike	MacDougall	Wolds Veterans RC	M	49
8	549	17	41	Christopher	Taylor	Louth Tri Club	M	41
9	458	17	43	Oliver	Donkin	Barton & District AC	M	15
10	444	17	48	Natalie	Burns	Lincon Wellington AC	F	34
11	507	17	57	William	Lowley	Cleethorpes AC	M	19
12	553	18	13	Steve	Trushell	Cleethorpes AC	M	40
13	461	18	40	Paul	Evison	Cleethorpes AC	M	51
14	446	18	50	David	Burrell	Cleethorpes AC	M	48
15	481	18	53	Richard	Harrison	Selby Striders	M	49
16	428	19	12	Matthew	Arliss	Cleethorpes AC	M	41
17	545	19	20	Daniel	Snook	Cleethorpes AC	M	33
18	521	19	25	Allen	Nicholson	Wolds Veterans RC	M	60
19	552	19	31	Jonathan	Troop	Cleethorpes AC	M	37
20	523	19	34	James	Ogley	Wolds Veterans RC	M	43
21	561	19	41	David	Willerton	Wolds Veterans RC	M	46
22	432	19	49	Philip	Belton	U/Attached	M	25
23	463	20	18	Tracey	Fearn	Caistor RC	F	49
24	533	20	31	Matt	Riley	Cleethorpes AC	M	37
25	469	20	44	Matthew	Fursey	Cleethorpes AC	M	40
26	506	20	47	Guy	Lonsdale	U/Attached	M	47
27	460	20	48	Sarah	Edwards	Cleethorpes AC	F	43

28	429	20	50	John	Armstrong	Grimsby Tri Club	M	46
29	465	20	55	Nik	Forman	Cleethorpes AC	M	59
30	531	20	56	Emily	Richardson	Barton & District AC	F	12
31	477	21	05	Nick	Gregory	Cleethorpes AC	M	55
32	501	21	06	Bobby	Kneale	Caistor RC	M	43
33	478	21	07	Paul	Griffiths	Cleethorpes AC	M	43
34	439	21	08	John	Brown	Cleethorpes AC	M	32
35	434	21	16	Rowan	Booth	Caistor RC	F	36
36	563	21	25	Andrew	Yorston	Cleethorpes AC	M	56
37	502	21	27	Andy	Knowles	Caistor RC	M	52
38	455	21	34	Peter	Crow	Louth AC	M	58
39	534	21	39	Helen	Robinson	Wolds Veterans RC	F	43
40	558	21	41	Mike	Wells	Caistor RC	M	44
41	496	21	42	Mike	Jones	Caistor RC	M	50
42	556	21	46	Francis	Washington	U/Attached	M	29
43	520	21	49	Robin	Nicholson	Caistor RC	M	35
44	546	21	55	Catherine	Snowball	U/Attached	F	26
45	560	22	08	Tom	Weston	Cleethorpes AC	M	32
46	562	22	09	Chris	Wright	U/Attached	M	40
47	489	22	11	Philip	Jackson	Louth AC	M	60
48	430	22	20	Paul	Barley	Cleethorpes AC	M	54
49	530	22	25	Sarah	Richardson	Barton & District AC	F	44
50	440	22	43	Sophie	Brown	Cleethorpes AC	F	26
51	505	22	56	John	Lock	Cleethorpes AC	M	35
52	512	23	24	Nigel	Morrison	Caistor RC	M	55
53	522	23	25	Chloe	Ogley	Cleethorpes AC	F	23
54	452	23	51	Paul	Clayton	Caistor RC	M	49
55	542	23	52	Nicola	Smith	Cleethorpes AC	F	41
56	503	23	57	Nancy	Laird	Cleethorpes AC	F	21
57	494	24	03	Fiona	Jex	Cleethorpes AC	F	50
58	466	24	04	Lisa	Foster	Cleethorpes AC	F	41
59	450	24	06	Dean	Chalder	Wolds Veterans RC	M	56
60	464	24	07	Fay	Fenwick	U/Attached	F	58
61	472	24	08	Ronnie	Gibson	Cleethorpes AC	M	58
62	497	24	09	Mark	Kidd	Caistor RC	M	50
63	517	24	16	Sharon	Myers	Cleethorpes AC	F	47
64	467	24	27	William	Frame	U/Attached	M	24
65	518	24	36	Jack	Myers	U/Attached	M	23
66	530	24	37	Laura	Taylor	Cleethorpes AC	F	36
67	525	24	40	Malcolm	Piper	Wolds Veterans RC	M	63
68	543	24	43	Hannah	Smith	Caistor RC	F	32
69	447	24	43	Andrew	Byatt	Caistor RC	M	48
70	482	24	48	Stephanie	Harter	U/Attached	F	27
71	551	24	50	Thomas	Troop	Cleethorpes AC	M	31
72	480	24	51	Kerry	Hallsworth	Caistor RC	F	43
73	537	24	58	Hannah	Salah	U/Attached	F	41
74	431	25	00	Claire	Bates	Caistor RC	F	38
75	538	25	01	Helen	Shillings	Caistor RC	F	38
76	557	25	08	Samantha	Watts	U/Attached	F	35
77	504	25	21	Nick	Larke	Barton & District AC	M	53
78	555	25	33	Katrina	Walster	Cleethorpes AC	F	56
79	490	25	49	Ros	Jackson	Louth AC	F	60
80	483	25	50	Glenn	Harter	U/Attached	M	59
81	493	26	07	Samantha	Jenson-Martin	Cleethorpes AC	F	42
82	511	26	12	Emma	Morrison	Caistor RC	F	55

83	437	26	32	Hayley	Briggs	U/Attached	F	38
84	495	26	38	Michelle	Jones	Caistor RC	F	49
85	448	25	52	Claire	Byatt	Caistor RC	F	45
86	473	27	58	Debra	Burns	Cleethorpes AC	F	53
87	514	28	01	Karen	Moulding	Louth AC	F	55
88	536	28	02	Ronda	Rushby	U/Attached	F	45
89	544	28	10	Mark	Smith	Wolds Veterans RC	M	62
90	554	28	51	Keith	Tyler	Cleethorpes AC	M	72
91	498	29	37	Lisa	Kidd	Caistor RC	F	44
92	509	29	37	Leah	Maddison	Caistor RC	F	34
93	427	29	49	Nicola	Anderton	U/Attached	F	15
94	500	29	50	Philip	Kirkham	Barton & District AC	M	56
95	445	30	21	Gemma	Gibson	Cleethorpes AC	F	37
96	499	30	26	Enya	Killen	Cleethorpes AC	F	25
97	459	30	55	James	Dutch	Cleethorpes AC	M	75
98	487	31	12	Elizabeth	Hughes	U/Attached	F	47
99	438	31	28	Linda	Bristow Tyler	Cleethorpes AC	F	65
100	454	32	08	Gill	Crow	Louth AC	F	59
101	539	32	08	Nina	Smith	Cleethorpes AC	F	<u>46</u>
102	519	33	08	Jason	Neilson	Fitmums & Friends	M	46



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