WOLDS VETERAN RUNNERS CLUB

Wolds Veteran Runners Club was formed in Grimsby, North East Lincs. in 1988 to encourage Veteran Runners in the area.

Minimum age for 1st and 2nd claim members is 35 for women and 35 for men.

Membership age was lowered for men in November 2006, after an International ruling on Masters Athletics. Membership stands at about 150 people with some members being first claim, some second and a few social members (any age).

Membership starts in December and the current subs are £22.00 for full members, £5.00 for 2nd claim members, and £3.00 for social members. Membership form is on the web site.

The club is currently based at the <u>Bradley Football Development Centre</u> in Bradley Rd, Grimsby. The club has an excellent, well-equipped bar. Runners can take advantage of the changing rooms and showers facilities.

Club night is Mondays at 6.30pm sharp when a variety of routes on road and cross-country are tackled. Distances usually range from 3 to 7 miles. All ability levels are welcomed as male and female runners quickly form into appropriate small groups that stay together. Infrequent members and new runners are welcomed and will not run unaccompanied. Most people then retire to the bar for comparison of notes!

Some of the members also meet up on Wednesday evening and Saturday/Sunday mornings for mainly off road longer runs, the Wednesday run is usually from a country pub somewhere in rural Lincolnshire.

Wolds Vets have designated Race League Championship races where club vests have to be worn; these events are open to all members on an age-group basis. The club currently organises the Click'em Inn 5/10 mile series near Binbrook. There is also the Presidents Race, Roxton 5K and Keelby Mile as well as the popular Captains Handicap.

Those who have been active members for some years describe the Wolds Veteran Runners Club as a friendly club with social participation encouraged as much as competitive running. Just e-mail the membership Secretary, Steve Green at stgreen1950@gmail.com or ring him on 07906863889 to tell him that you want to join, or perhaps attend initially as a guest.

.Steve Green 1st April 2018.